

**Table 5.10: Social Contact and Activity (Percent)<sup>1,2</sup>**

Activity <sup>3</sup>	Total (N=1002)	Age Group			Disability Level		
		65-74 (N=388)	75-84 (N=311)	85+ (N=303)	Moderate <sup>4</sup> (N=343)	ADL Difficulty	
						Receives No Help (N=478)	Receives Help (N=181)
Life space <sup>5</sup>							
Home	14.5	10.6	15.1	24.2	7.6	13.4	31.9
Neighborhood	19.3	17.7	17.9	27.6	20.8	17.3	21.7
Beyond neighborhood	66.2	71.7	67.0	48.2	71.6	69.3	46.5
Number of times leaves home per week <sup>6</sup>							
Less than 1	16.6	13.2	15.8	28.9	9.3	14.9	36.6
1-3	17.2	14.5	19.8	17.7	19.9	15.6	15.8
4-7	25.6	24.6	25.8	28.2	24.4	28.0	21.8
Over 7	40.6	47.7	38.6	25.2	46.5	41.6	25.7
Number of telephone contacts per week <sup>7</sup>							
3 or fewer	23.1	19.1	24.5	30.9	19.7	23.2	29.9
4-7	28.1	26.7	28.9	29.9	25.6	30.0	27.9
Over 7	48.8	54.1	46.6	39.2	54.7	46.8	42.2
Number of face-to-face contacts per week <sup>8</sup>							
Less than 1	23.4	18.5	25.1	33.2	17.9	25.0	30.7
1-3	46.0	49.9	43.9	40.4	49.3	43.9	45.1
4 or more	30.6	31.5	31.1	26.4	32.8	31.2	24.2
Attends church or church functions <sup>9</sup>							
Never							
Once a month or less	45.1	45.2	43.7	49.0	37.8	45.9	58.2
At least twice monthly	8.0	7.5	8.8	7.5	5.8	8.2	12.0
	46.8	47.3	47.5	43.5	56.4	45.8	29.8
Attends other functions <sup>10</sup>							
Never	67.4	61.0	70.6	77.4	62.2	66.0	82.2
Once a month or less	21.8	27.2	18.8	14.2	26.6	21.0	14.3
At least twice monthly	10.8	11.8	10.6	8.4	11.3	13.0	3.5

(Women's Health and Aging Study, baseline interview, 1992-1995)

<sup>1</sup> All variables have less than 1% missing data. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> Categories for each item may not add up to 100% due to rounding.

<sup>4</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>5</sup> During a typical week, do you leave your neighborhood? During a typical week, weather permitting, do you go outside the house, but stay in your neighborhood?

<sup>6</sup> Tell me how many times in a typical week that you leave your neighborhood? How many times in a typical week do you go outside but stay in your neighborhood? Responses were converted to real-number estimates of times per week and then summed to produce the total.

<sup>7</sup> In a typical week, about how many times do you talk on the telephone with friends, neighbors or relatives?

<sup>8</sup> How often do you get together with friends, neighbors or relatives?

<sup>9</sup> Do you attend church or church functions? How often do you attend church or church functions?

<sup>10</sup> Do you attend other events such as concerts, movies, or ethnic festivals? How often do you attend other events?