

**Table 4.3: Functional Reach<sup>1,2</sup>**

Test Performance	Total (N=899)	Age Group			Disability Level		
		65-74 (N=347)	75-84 (N=279)	85+ (N=273)	Moderate <sup>3</sup> (N=295)	ADL Difficulty	
						Receives No Help (N=432)	Receives Help (N=172)
Unable to do (%)	26.3	19.1	27.2	44.7	11.5	22.6	63.7
Distance reached (cm) <sup>4</sup>							
Mean	20.9	22.8	19.1	19.3	21.5	21.1	17.1
5th percentile	7.5	8.6	6.9	8.5	7.5	8.5	4.7
25th percentile	15.2	18.4	13.5	14.5	17.4	15.0	10.5
50th percentile	21.5	24.0	18.8	19.0	22.0	21.3	16.4
75th percentile	26.3	28.2	24.0	24.0	27.0	26.4	24.2
95th percentile	34.0	34.8	32.8	33.0	34.0	34.0	31.8

(Women's Health and Aging Study, physical assessment, 1992-1995)

<sup>1</sup> Data on functional reach missing for 103 (10%) women; most missing data due to lack of wall space. Results are based on non-missing data.

<sup>2</sup> Descriptive statistics are based on weighted data.

<sup>3</sup> No ADL difficulty; disabled in two or more domains (see Chapter 1).

<sup>4</sup> Longest of up to three reaches.